

Thank You
for
Supporting
HETRA!!



*"Our daughter is presented with many challenges, every day, every moment, but with love, therapy and assistance her engaging personality emerges. We find all 3 of these every Wednesday night for 30 minutes when she steps into the arena to ride her horse. We are so thankful that HETRA can provide this for our 6 year old sweetheart."
~ A HETRA Parent*

HETRA's 10th Annual
Blue Jeans & Dreams
Benefit

Saturday, March 27, 2010
Auction Donation Opportunities



*Where horses & you make
dreams come true!*



Heartland Equine Therapeutic
Riding Academy

Heartland Equine
Therapeutic Riding Academy

PO Box 260
Valley, NE 68064
Phone: 402-359-8830
www.HETRA.org



Yes! I want to Help HETRA continue to make dreams come true in the lives of these special students by donating an auction item!



Donor Information

Company Name: _____ Contact Person _____
 Phone Number: _____ E-mail: _____
 Address: _____ City, State Zip: _____
 Auction item: _____ Estimated Value: _____

All donations can be mailed to: HETRA, PO Box 260, Valley, NE 68064 or
 Auction items can be dropped off at either the Valley or Omaha facilities.

Thank You for your support!!

Blue Jeans and Dreams

HETRA's 10th annual benefit will be held March 27, 2010 at Elkhorn Equestrian Center, Elkhorn, NE. The highlight of the event is a demonstration by our own HETRA students, horses and volunteers. The evening also includes dinner, live and silent auction and a dance to the band SideStep.



Listed below are a few examples of how your donation to our live or silent auction will help HETRA.

- ◆ Fund student scholarships
- ◆ Feed and care for our IG therapy horses
- ◆ Purchase tack and equipment needed for the program

HETRA's mission is to improve the quality of life both physically and emotionally of adults and children with disabilities through equine assisted activities.



"We cannot imagine a life without HETRA. It has done wonders for our child's self esteem as a person. She gets a feeling of accomplishment because the program adapts to her needs and enables her to be successful!"

~ A HETRA Parent

Benefits of Therapeutic Riding:

- Muscle Stimulation
- Sensory Integration
- Coordination
- Flexibility
- Self Esteem
- Balance